

LEADING TOGETHER DEVELOPMENT PROGRAMMES



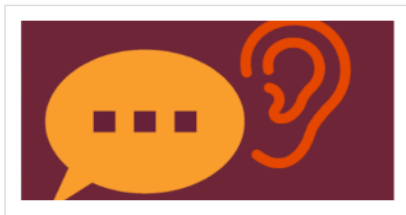
Leading
Together



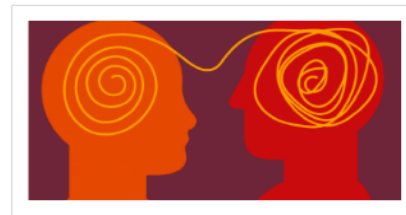
Lead, Learn, Grow

BACKGROUND

- When we are motivated by compassion and wisdom, the results of our actions benefit everyone, not just our individual selves or some immediate convenience – Dalai Lama
- These programmes have been developed for people who are leading or managing within our organisation or aspire to lead and manage in future. The programmes will support them to effectively manage the performance of individuals, teams, organisations and systems, enabling those we lead to feel valued, respected and cared for, so they can reach their potential and do their best work
- The programmes align with CPFT PRIDE values and with the 9 Behavioural Statements devised by Trust Leadership Team.



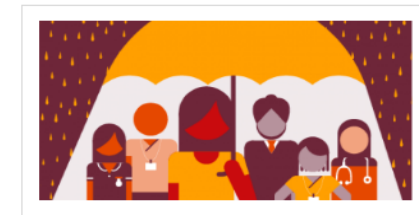
Attending



Understanding










Empathising



Helping

An illustration of six diverse people (three men and three women) standing in a line. They are wearing various colored clothing and holding items like a tablet, a folder, and a stack of papers.

Lead, Learn, Grow

 Launch: About the programme	 All About me	 Adaptable Manager	 Improvement Manager	 Effective Manager	 Healthy Manager	 Influential Manager
<ul style="list-style-type: none"> • Programme overview • Meet the cohort • Introduction to leadership • Elements of Compassionate Leadership • Leadership influences 	<ul style="list-style-type: none"> • MBTI • Emotional Intelligence • Self Compassion 	<ul style="list-style-type: none"> • Leadership styles • Managing through change • Developing a coaching approach • Coaching Practice • Appreciative Inquiry 	<ul style="list-style-type: none"> • Resistance to change • Intro to Quality improvement • Psychological safety • Scaling 	<ul style="list-style-type: none"> • High performing teams • Equality, Diversity and inclusion • Managing Conflict • Living the Values 	<ul style="list-style-type: none"> • Wellbeing foundations • Personal resilience • Avoiding burnout • Leading health teams • Self-compassion • Civility and respect 	<ul style="list-style-type: none"> • Collective Leadership • Power • Emotional Contagion • Influencing • Action learning • Close



Lead, Learn, Grow

Upcoming Cohort dates – Face to Face

Workshop	Date
Launch: about the programme	Tue 04 th Feb 2025
All about me	Wed 5 th March 2025
The adaptable manager	Wed 26 th March 2025
The improvement manager	Thurs 1 st May 2025
The effective manager	Thurs 22 nd May 2025
The healthy manager	Thurs 12 th June 2025
The Influential manager	Wed 25 th June 2025

As part of this programme, you will complete a **quality improvement project**.



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THE COMPASSIONATE LEADER PROGRAMME



Programme launch	Self as leader	Leading compassionate teams	Effective leadership: impact and influence	Creating a compassionate culture	Being an organisational leader in a complex system	Leading into the future
<ul style="list-style-type: none"> • Programme overview • Meet the cohort • Introduction to compassionate leadership • Introduction to QSIRV 	<ul style="list-style-type: none"> • Signature presence • Your EQ and leadership styles • Personal strengths • Self compassion 	<ul style="list-style-type: none"> • High performing teams • Psychological safety • Working with differences • Taking a coaching approach 	<ul style="list-style-type: none"> • Motivating self and others • Sources of personal influence • Managing Stress and personal resilience • Leading change 	<ul style="list-style-type: none"> • Organisational Culture • The power of the collective • Inclusive leadership • Wicked problems 	<ul style="list-style-type: none"> • Organisational leadership • Sources of Power • Working beyond boundaries 	<ul style="list-style-type: none"> • Trust • Communication • Leadership legacy • Next steps for development

During this time, you will also self-enrol onto the QSIR Virtual programme



Lead, Learn, Grow

The compassionate leader programme is a 7 -month course, which consists of 7 modules.

The entry requirements for this course are to have completed the Compassionate Manager programme or been part of a similar leadership programme.

This programme will be delivered face to face only, through a **blend of formal and self-directed learning** (which should take no longer than 2-4 hours per module).

As part of this programme, you'll be matched with a **programme coach** to support you with your 360 feedback and in 1-1 sessions. You will also self-enrol on to the **QSIR virtual programme**.

Upcoming Cohort dates

Workshop	Date
Launch	TBC
Self as a Leader	TBC
Leading compassionate teams	TBC
Effective Leadership – impact and influence	TBC
Creating a compassionate culture	TBC
Being an organisational leader in a complex structure	TBC
Leading into the future	TBC



Lead, Learn, Grow

HOW TO CONTACT US

Email us at:

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Further information and application details for all our Leading Together Development programmes can be found on [CPFT Academy](#)

We look forward to hearing from you soon



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