Emma Conly-Dillon has been practising in dietetics for the last 15 years with a particular focus on public health nutrition. She was instrumental in developing the award winning Family Food First programme that targeted early years settings in Luton. She continues to put preventative health at the heart of clinical practice through her role leading the community paediatric dietitians in Bedfordshire and supporting the appropriate prescribing of paediatric nutritional products by GPs. She has been supporting the WHO Collaborating Centre for Early Years and Maternity as a Technical Advisor since 2021.